

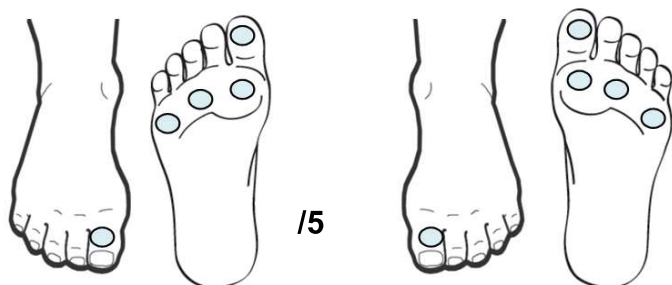
## Diabetes Foot Screening Tool

EXAM	FINDINGS	R	L	RISK
SKIN	Normal intact skin – healthy or dry			LOW
	Callus/Corn/Fissure/Crack			MODERATE
	Prior history of Diabetic Foot Ulcer(s)			MODERATE
	Blister = B or Hemorrhagic callus = HC			HIGH
	Fissure or Crack			HIGH
	Diabetic Foot Ulcer – Not infected and/or with intact dry black eschar = U			HIGH
	<b>Infected Diabetic Foot Ulcer or wet gangrene</b>			<b>URGENT</b>
NAILS	Normal well-kept with minimal discoloration			LOW
	Missing, sharp, unkept, thickened, long or deformed			MODERATE
	Infected ingrown nail			MODERATE
STRUCTURE ANATOMY	Normal			LOW
	Decreased range of motion			MODERATE
	Deformities			MODERATE
	Structure			MODERATE
	Previous amputation			MODERATE
	Redness over any structural deformities			HIGH
	<b>Red, hot painful joint or acute Charcot foot</b>			<b>URGENT</b>
SENSATION Testing for LOPS	Normal sensation using 10 g monofilament at the 5 predetermined sites			LOW
	Sensation of numbness/tingling/throbbing/burning			MODERATE
	Absent or altered sensation at one or more of the five sites			MODERATE
	<b>Acute onset of pain in a previously insensate foot</b>			<b>URGENT</b>
VASCULAR Testing for Arterial Compromise	Normal pulses			LOW
	Signs of Ischemia (PAD)			HIGH
	Cool skin with pallor, cyanosis or mottling, and/or dependent rubor			HIGH
	One or more pulses not palpable or audible (Doppler)			HIGH
	<b>Absent pedal pulses with cold white painful foot or toes</b>			<b>URGENT</b>
FOOTWEAR	Appropriate accommodates foot shape			LOW
	Inadequate Footwear			MODERATE
	Inappropriate Footwear causing pressure/skin breakdown			HIGH

**Instructions:** Refer to Health Provider's Guide to Diabetes Foot Screening

Mark ulceration location (U). Mark other areas of specific concern: blister (B), draining fissure/crack (F), hemorrhagic callus (HC), and previous amputation (X).

### Sensation Testing (monofilament)



/5

**RIGHT**
**LEFT**

Identify any wounds and location on the foot or toe(s)

Fill in if no sensation ●

Leave blank if sensation present ○

Date	Signature	Primary Care Site
Comments		